

STRONGER  
*than*  
STROKE

## Monty Maxwell Legacy Scholarship

### Essay Prompt & Guidelines

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#### Essay Prompt Options (choose ONE)

##### Option 1

Monty Maxwell believed in perseverance, mindset, and personal growth. Describe how athletics has shaped your character and mindset. Share a challenge you faced on or off the field and how you overcame it.

##### Option 2

What does leadership mean to you? Share a specific example of how you demonstrated leadership, resilience, or integrity within your team, school, or community.

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#### Essay Guidelines (APA Format)

- Essay must be **original work** written by the applicant
- **Length:** 500–700 words
- Typed response
- Double-spaced
- 12-point font (Times New Roman)
- 1-inch margins
- Clear paragraph structure encouraged
- Citations and works cited are **not required** unless sources are used

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## What We're Looking For

The selection committee will review essays based on:

- Reflection and honesty
- Personal growth and perseverance
- How athletics has influenced character and mindset
- Clarity of writing and effort

There is no “right” answer. We value authenticity and thoughtful reflection.

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## Submission

The essay must be submitted as part of the **online scholarship application** during the application period.

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## Questions

Email [scholarships@strongerthanstroke.org](mailto:scholarships@strongerthanstroke.org)